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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print of Type Responses)										
1. Name and Address of Reporting Person [≛] CHAPADOS GREGORY F	2. Issuer Name and GENERAL COM			•••	[GNC]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director10% Owner				
(Last) (First) 2550 DENALI STREET, SUITE 1000		3. Date of Earliest Transaction (Month/Day/Year) X Officer (give title below) Other (specify below) 11/20/2015 Exec VP and COO							w)	
(Street) ANCHORAGE, AK 99503	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		(A) or D	Disposed of (D) , 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form:	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Class A Common Stock	11/20/2015		М		75,000	А	\$ 7.95	592,404	D	
Class A Common Stock	11/20/2015		F		48,223	D	\$ 20.65	544,181	D	
Class A Common Stock								13,027	Ι	by 401(k) (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in SEC 1474 (9-02) this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
1. Title of	2.	3. Transaction	3A. Deemed	4.		5. Number		6. Date Exercisable and		7. Title and Amount of		8. Price of	9. Number of	10.	11. Nature
Derivative	Conversion	Date	Execution Date, if	Transact	ion	of Derivative		Expiration Date		Underlying Securities		Derivative	Derivative	Ownership	of Indirect
Security	or Exercise	(Month/Day/Year)	any	Code		Sec	Securities (Month/Day/Year) ((Instr. 3 and 4)		Security	Securities	Form of	Beneficial	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8))	Acc	Acquired (A)		(Instr. 5		(Instr. 5)	Beneficially	Derivative	Ownership	
	Derivative						Disposed	sposed						2	(Instr. 4)
	Security					of (· ·						0	Direct (D)	
						·	nstr. 3, 4,					1	or Indirect		
						and	5)						Transaction(s)	< / <	
								Date	Expiration		Amount or		(Instr. 4)	(Instr. 4)	
								Exercisable	Date	Title	Number of				
				Code	V	(A)	(D)	Excitetsuble	Dute		Shares				
Class A										Class A					
Common	\$ 7.95	11/20/2015		М			75 000	12/31/2011	01/09/2018		75 000 00	\$ 0	0	D	
	φ 1.95	11/20/2013		1/1			/3,000	12/31/2011	01/07/2018		75,000.00	ψŪ	0	D	
Stock										Stock					

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
CHAPADOS GREGORY F 2550 DENALI STREET SUITE 1000 ANCHORAGE, AK 99503			Exec VP and COO					

Signatures

By: Bryan Fick For: Gregory F. Chapados	11/24/2015
**Signature of Reporting Person	Date

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Shares allocated to Mr. Chapados under the Company's 401(k) Plan as of November 20, 2015.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.