FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(Print or Type Perponses)

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)		1						F		
1. Name and Address of Reporting DUNCAN RONALD A	2. Issuer Name a GENERAL CO [GNCMA]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Other (specify below)				
(Last) (First) 2550 DENALI STREET, SU	3. Date of Earliest 11/29/2016	Transactio	on (N	Ionth/Day	/Year)	Presiden	it			
(Street) ANCHORAGE, AK 99503		4. If Amendment,	Date Orig	inal F	Filed(Month	/Day/Yea	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Ti	able I - No	n-De	rivative S	Securiti	ies Acqu	ired, Disposed of, or Beneficially	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form:	Beneficial
		(Month/Day/Tear)	Code	v	(A) or Amount (D) Price		Price	(instr. 5 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Class A Common Stock	11/30/2016		F		23,827	D	\$ 16.86	795,414 (1)	D	
Class A Common Stock	11/30/2016		G <mark>(2)</mark>		80,000	D	\$ 0	715,414	D	
Class A Common Stock	11/30/2016		G <mark>(2)</mark>		80,000	А	\$ 0	320,378	I	by 560 Company
Class A Common Stock								63,186	Ι	by Spouse (3)
Class A Common Stock								55,560	I	by Amanda Miller Trust <u>(4)</u>
Class A Common Stock								15,000	Ι	by Missy, LLC <sup>(5)</sup>
Class A Common Stock								7,500	I	by Neoma Lowndes Trust <sup>(6)</sup>
Class B Common Stock	11/29/2016		Р		1,400	А	\$ 16.95	1,174,918 (7)	D	
Class B Common Stock								27,020	Ι	by Spouse (3)
Class B Common Stock								8,242	Ι	by Amanda Miller Trust <sup>(4)</sup>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Security (Instr. 3)	Conversion	Date (Month/Day/Year)	Execution Date, if	Code	5. Numb of Deriv Secur Acqui (A) or Dispo of (D) (Instr. 4, and	er ative ities ired sed ) . 3,	6. Date Exer and Expirati (Month/Day	on Date /Year)	Amor Unde Secur	unt of rlying	Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported Transaction(s)	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial
				Code	(A)	,	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

## **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
DUNCAN RONALD A 2550 DENALI STREET SUITE 1000 ANCHORAGE, AK 99503	Х		President				

## **Signatures**

By:Bryan Fick For:Ronald A. Duncan	12/01/2
**Signature of Reporting Person	Date

12/01/2016
Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 87,574 shares previously owned indirectly through the Company's 401(k) Plan.
- (2) Shares transferred from direct ownership by Mr. Duncan to indirect beneficial ownership by 560 Company.
- (3) Mr. Duncan disclaims beneficial ownership of these shares.
- Mr. Duncan's daughter is the beneficiary of this trust. Mr. Duncan has no voting or investment power with respect to the trust and disclaims beneficial ownership of these (4) shares.

Mr. Duncan has a 25% ownership interest in Missy, LLC, and claims beneficial ownership of 5,000 of these shares held by Missy, LLC. His spouse has a 25% ownership (5) interest in Missy, LLC, and Mr. Duncan disclaims beneficial ownership of the 5,000 shares held indirectly by his spouse. The Neoma Lowndes Trust holds the remaining 50% interest in Missy, LLC. Mr. Duncan's daughter is the 50% beneficiary of this trust, and Mr. Duncan disclaims beneficial ownership of the 5,000 shares held indirectly by

- his daughter.
- (6) Mr. Duncan's daughter is the 50% beneficiary of this trust, and Mr. Duncan disclaims beneficial ownership of these shares.
- (7) Includes 6,158 shares previously owned indirectly through the Company's 401(k) Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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