FORM	4
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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

(Drint or Type P

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)											
1. Name and Address of I BORLAND GINA		2. Issuer Name and GENERAL COM					5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
510 BOUNTY DR	(First)		3. Date of Earliest Transaction (Month/Day/Year) 09/19/2003						X_Officer (give title below) X_Other (specify below) V.P. and G.M. Local Services / V.P. and G.M. Local Services		
ANCHORAGE, AK	2	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acqu					uired, Disposed of, or Beneficially Owned			
1.Title of Security 2. Transaction [Instr. 3) Date (Month/Day/Yea)					ion	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form:	Beneficial
			(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)	Direct (D) or Indirect (I) (Instr. 4)	Ownershij (Instr. 4)
Class A Common St	ock	09/19/2003		М		8,000	А	\$4	8,475	D	
Class A Common Ste	ock	09/19/2003		S		8,000	D	\$9	475	D	
Class A Common Ste	ock								34,059	Ι	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

	(e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	tion	of Der Sect Acq (A) Disj of (I	ivative urities urities or posed D) tr. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amoun of Underlying Securities (Instr. 3 and 4)		ıg	Derivative Security (Instr. 5)	Securities Beneficially Owned Following	Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficial	
				Code	v	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Qualified Stock Option (right to buy)	\$ 4	09/19/2003		М			8,000	10/20/1997	10/20/2005	Class A Common Stock	8,000	\$ 9	20,000	D	

Reporting Owners

	Relationships								
Reporting Owner Name / Address	Director	10% Owner	Officer	Other					
BORLAND GINA 510 BOUNTY DR ANCHORAGE, AK 99515			V.P. and G.M. Local Services	V.P. and G.M. Local Services					

Signatures

GINA BORLAND	09/22/2003
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.